

ABSTRACT

An apparatus for enabling a user to follow a detailed schedule for taking a plurality of medicines/supplements at various times. The apparatus includes a set of containers, one for each medicine, a release mechanism for each container and a computer programmed to open any one of its containers at a time according to the schedule of events. An event is defined as taking of a dosage at a scheduled time. An "alert" signal alerts the user to prepare for each event. A "take" signal indicates that the dosage has actually been taken, A warning signal; is activated after a 'take' period indicating that the user has not taken his dosage. . A form is initially filled out by the user listing "events" according to the schedule. Events shown on the screen are underlined as they occur and the daily form with underlines of executed events is saved as a history with later evaluation. A "fresh" form (without underlines) is programmed to appear with the days date to start the next day's program.